

Screen Free Friday!

Fri 29th May

After you have completed your spellings, spelling sheets, phonics, tables, mental maths, have some fun away from screens today! Here are some ideas for this week!

1. **Thank a community hero.** Think of someone that helps you in some way and write a short note or make a card to thank them. Doctor, nurse, binman, postman etc.
2. **Start a nature diary.** Head out to the garden each day and keep note of what you see. Birds, flowers, changes in the weather, what else? Use some bits and pieces from the garden to make a nature picture.
3. **Build a den or fort.** Find somewhere cosy, gather your materials and get building! Snuggle up and read your favourite book, play a board game or listen to music!
4. **Junk modelling!** Collect and recycle materials such as yoghurt pots, toilet rolls and boxes and see what you can create with them.
5. **Practice PE Skills!** Practice your favourite games and skills; football, bat and ball, throwing and catching. Set up a training circuit.

